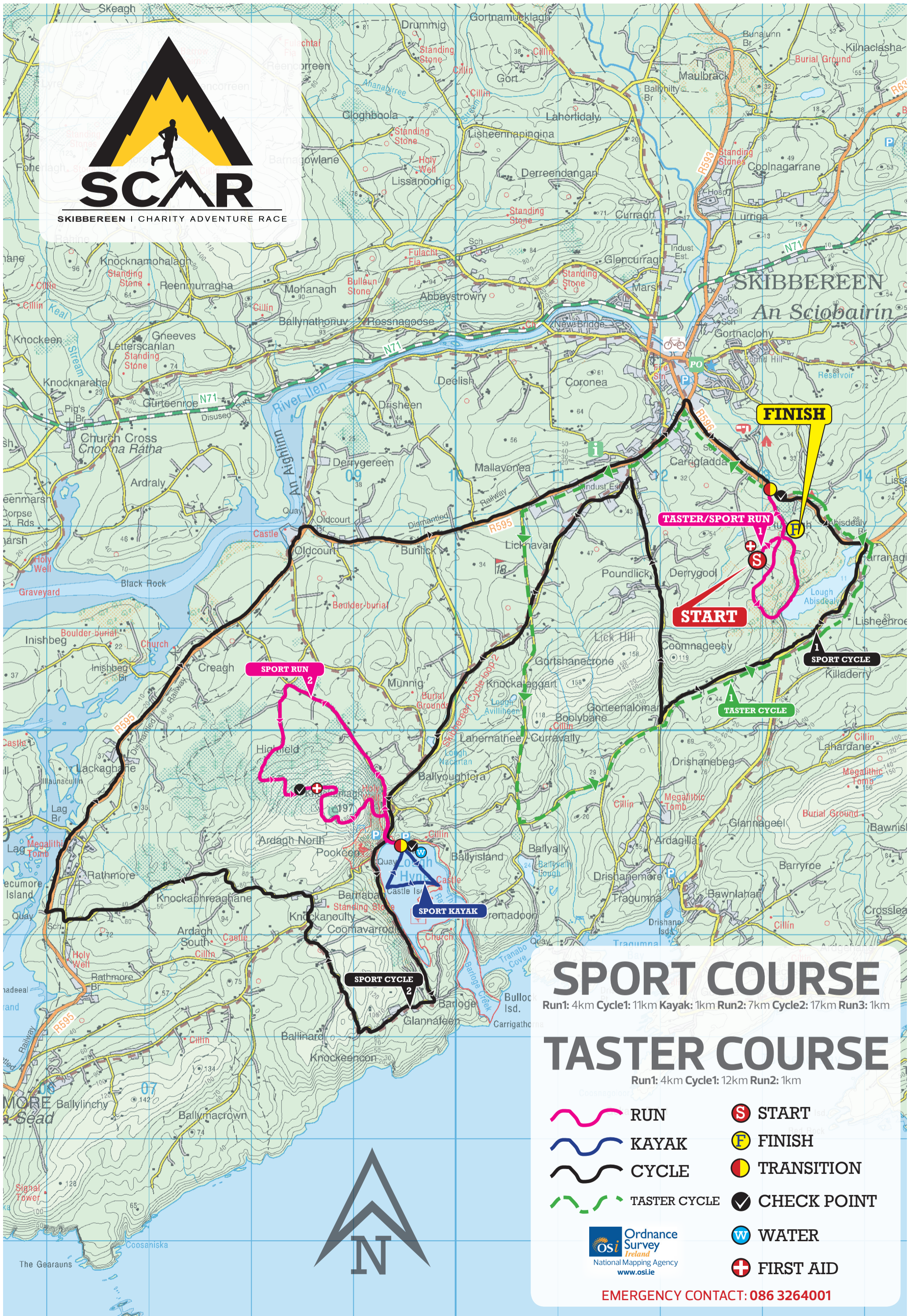




SKIBBEREEN | CHARITY ADVENTURE RACE



SPORT COURSE

Run1: 4km Cycle1: 11km Kayak: 1km Run2: 7km Cycle2: 17km Run3: 1km

TASTER COURSE

Run1: 4km Cycle1: 12km Run2: 1km

-  RUN
-  KAYAK
-  CYCLE
-  TASTER CYCLE
-  START
-  FINISH
-  TRANSITION
-  CHECK POINT
-  WATER
-  FIRST AID



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